

## Integrative Care Clinic

We are excited to announce the opening of the Integrative Care Clinic at Cincinnati Children's. The Integrative Care Clinic currently offers services by licensed massage therapists. Massage services are tailored to meet the individual needs of children, family or staff members and are designed to reduce pain, stress, enhance well being, and address other symptoms associated with various chronic childhood illnesses.

### What Services Can a Licensed Massage Therapist Offer?

- A massage therapist is licensed to perform various touch therapies. Currently the following touch therapies are available at the clinic: **deep tissue massage, tissue release, gentle massage, infant massage, craniosacral therapy and lymphatic drainage therapy.**

### Who Can Come to the Integrative Care Clinic?

- Patients, Families and CCHMC Staff

### What do I need to do to schedule an appointment at the Integrative Care Clinic?

- A physician can easily refer the patient via the EPIC system. Physicians from outside of Children's can fax a physician's referral including the patient's diagnosis for massage therapy to **803-1111**.
- Call the **Integrative Care Clinic** at **803-1990** or send an email to **ICClinc@cchmc.org** to schedule an appointment.

### Where is the Integrative Care Clinic located?

- **3430 Burnet Avenue Cincinnati, OH 45229, 2<sup>nd</sup> Floor**
- Convenient parking is available at the 3430 Burnet Building location
- Directions: **<http://www.cincinnatichildrens.org/visit/location/maps/campus.htm>**

### How much does it cost?

- The rate for a 1-hour appointment is \$60.00.
- Payment is received upon arrival for your appointment (credit/debit card, check or cash).
- Since you will have a physician's referral you may be able to use your FSA (Flexible Spending Account) for your visit to the Integrative Care Clinic.

### Will treatment be covered by insurance?

- Currently we are not set up to process insurance for you. You will receive documentation/verification of treatment making it possible for you to file with your insurance company for reimbursement.

### What if I have more questions about referring a patient or scheduling an appointment for myself?

- Contact **Susan Gray, LMT** at **803-1990** or **[susan.gray@cchmc.org](mailto:susan.gray@cchmc.org)** for more information